



Welcome to the ASA Offshore Centre course and mile builder programme 2024. New for 2024 are RIB experience days. Telephone contact is limited, should you have any questions or need any advice on the courses we provide please see contact list below:

Chief Instructor – Phil Brown – [103abrow@csmail.mod.uk](mailto:103abrow@csmail.mod.uk)

AOSC Centre Manager – Brad Delaney – [bdelaney@britisharmysport.com](mailto:bdelaney@britisharmysport.com)

ASA Office – Lisa Winchester – [sailing@britisharmysport.com](mailto:sailing@britisharmysport.com)

## OFFSHORE PRACTICAL SAIL TRAINING AND INSTRUCTOR COURSES

The ASA offers a range of RYA practical training and instructor courses. Which is right for you?

<b>Course</b>	<u><a href="#">RYA Competent Crew</a></u> Basic Seamanship, Helmsmanship, Navigation and Meteorology	<u><a href="#">RYA Day Skipper Practical</a></u> Basic Pilotage, boat handling, watch organisation	<u><a href="#">RYA Coastal Skipper Practical</a></u> Skippering techniques and passage planning	<u><a href="#">RYA Yachtmaster (Offshore)</a></u> Prep and Exam
<b>Minimum Age</b>	<b>18 unless cleared by CI</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>Suggested pre course experience</b>	None	5 days sea time 100 miles 4 night hours	15 days sea time (2 as skipper) 300 miles 8 night hours	50 days sea time (5 days as skipper) 2500 miles  At least 5 passages over 60 miles, acting as skipper for at least two of these passages and including two of which have involved overnight passages.  At least half the qualifying sea time must have been accrued in tidal waters and within 10 years of the CoC exam

<b>Assumed knowledge</b>	None	Navigation to Day Skipper Shorebased Standard and basic sailing ability	Navigation to Coastal Skipper Shorebased standard and sailing ability to Day Skipper Practical standard	Completion of the Yachtmaster Theory Shorebased Course. Holder of a valid First Aid Certificate Holder of a VHF/SRC Certificate (or higher)
<b>Ability after course</b>	To be useful member of a yacht crew	Skipper a small yacht in familiar waters by day	Skipper a yacht on coastal passages by day and night	Passing the Yachtmaster Offshore Certificate of Competence ('the examination') means that you are considered competent to skipper a yacht on any passage during which the yacht is no more than 150 miles from harbour
<b>Course duration</b>	5 Days	5 Days	5 Days	Prep as required (Usually 4-5 days). Exam depends on the number of candidates (Usually 2 days)

## RYA Competent Crew and Day Skipper Course Dates and Fees 2024

***The RYA CC-DS courses run from the AOSC. The minimum age for candidates is 18 years unless cleared by CI AOSC. The cost is £495 which covers all victualling and berthing. Wet Weather gear is also provided if required. Please note that sufficient numbers are required to enable the course to run.***

Course No	Course Dates	Duration	Fees	Booking
CC-DS 01/24	09 – 10 Mar 24 22 – 24 Mar 24	2 Days (Part 1) 3 Days (Part 2)	£495	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
CC-DS 02/24	03 – 07 Jun 24	5 Days	£495	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
CC-DS 03/24	17 – 21 Jun 24	5 Days	£495	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
CC-DS 04/24	09 – 13 Jul 24	5 Days	£495	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
CC-DS 05/24	12 – 16 Aug 24	5 Days	£495	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
CC-DS 06/24	20 – 24 Aug 24	5 Days	£495	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
CC-DS 07/24	02 – 06 Sept 24	5 Days	£495	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
CC-DS 08/24	16 – 17 Nov 24	2 Days (Part 1)	£495	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>

	29 Nov – 01 Dec 24	3 Days (Part 2)		
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### Experience and Mile Builder Weeks Course Dates and Fees 2024

***These courses will run from the AOSC 0830 Mon – 1600 the following Sun. The course aims to give sailors more experience at skills and drills as well as mileage building towards the next RYA qualification. The cost is £450 which covers all victualling and berthing. Wet Weather gear is also provided if required. Please note that sufficient numbers are required to enable the course to run.***

Course No	Course Dates	Duration	Fees	Booking
Exp 01/24	24 – 30 Jun 24	7 Days	£450	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
Exp 02/24	15 – 21 Jul 24	7 Days	£450	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
Exp 03/24	22 – 28 Jul 24	7 Days	£450	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>

## Experience and Mile Builder Weekends Dates and Fees 2024

*These courses will run from the AOSC 0830 Sat – 1600 Sun. The course aims to give sailors more experience at skills and drills as well as mileage building towards the next RYA qualification. The cost is £150 which covers all victualling and berthing. Wet Weather gear is also provided if required. Please note that sufficient numbers are required to enable the course to run.*

Course No	Course Dates	Duration	Fees	Booking
MB01/24	11 – 12 May	2 Days	£150	<a href="mailto:sailing@britisharmsport.com">sailing@britisharmsport.com</a>
MB02/24	09 – 10 Nov	2 Days	£150	<a href="mailto:Sailing@britisharmsport.com">Sailing@britisharmsport.com</a>

## RYA Coastal Skipper Course Dates and Fees 2024

***The AOSC will be running two Coastal Skipper Courses. The course will commence at 0900 on the Monday and will run through until 1600 on the Friday. The course will teach the prospective Coastal Skipper how to carry out all of the tasks required of an RYA Coastal Skipper. There will be no moderation on the completion of the course, however a Course Attendance Certificate will be provided. The RYA/MCA Certificate of Competence examination may be arranged separately through the CI. The cost of the course will be £495 per person. Please note that sufficient numbers are required to enable the course to run.***

Course No	Course Dates	Duration	Fees	Booking
CS 01/24	27 – 31 May 24	5 Days	£495	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
CS 02/24	30 Sept – 04 Oct 24	5 Days	£495	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>

## RYA / MCA Yachtmaster Prep and Moderation Course Dates and Fees 2024

*The AOSC will be running a number of Yachtmaster prep courses subject to demand. These are listed below but more can be arranged if required. The courses will commence at 0900 on the first day and will run through until 1600 on the Thursday. A moderator will then join the yacht on Friday morning to carry out the assessment of the appropriate qualifications. The cost of the course will be £495 per person. A separate exam fee is payable to the RYA for candidates proceeding to moderation. Please note that sufficient numbers are required to enable the course to run.*

Course No	Course Dates	Duration	Fees	Booking
YM 01/24	08 – 11 Apr 24 12 – 14 Apr 24	5 Days – YM Preparation 3 Days – Assessment	£495	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
YM 02/24	09 – 12 Sept 24 13 – 15 Sept 24	5 Days – YM Preparation 3 Days – Assessment	£495	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>



## RYA Cruising Instructor Course Dates and Fees 2024

***The AOSC will be running two Cruising Instructor Courses in 2024. The course will commence at 0900 on the Monday morning and will run through until 1800 on Friday, the final day. A moderator will attend the last day. The cost of the course will be £600 per person, with the understanding that on successful completion each candidate will agree to deliver one Comp Crew/Day Skipper Cse for the ASA each year for three years. Serving military candidates may be able to reclaim the cost of the course through the ASA based on this return of service. An online assessment needs to be successfully completed prior to the start of the course. Details can be obtained from the CI AOSC. Please note that sufficient numbers are required to enable the course to run.***

Course No	Course Dates	Duration	Fees	Booking
CI 01/24	22 - 26 Apr 24	5 Days	£600	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
CI 02/24	28 Oct – 01 Nov 24	5 Days	£600	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>

## RIB Experience Days and Fees 2024

*The AOSC will be running three RIB experience days in 2024. The cost per person is £175. This includes lunch and short stay berthing fees. Details can be obtained from the Centre Manager AOSC. Please note that sufficient numbers are required to enable the day to go ahead.*

Course No	Course Dates	Duration	Fees	Booking
RIBX01/24	17 Jun 24	1 Day	£175	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
RIBX02/24	19 Jul 24	1 Day	£175	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
RIBX03/24	16 Aug 24	1 Day	£175	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>

## OFFSHORE SHOREBASED TRAINING COURSES

*The ASA offers a range of RYA and World Sailing shorebased courses for our members.*

*Most courses have been planned to run consecutively over 3 or 4 days where possible and the fees are as listed individually.*

[RYA First Aid](#)

[RYA Sea Survival](#)

[World Sailing  
Offshore Safety](#)

[RYA Diesel Engine  
Course](#)

[RYA Short Range  
Radio Certificate](#)

[RYA Yachtmaster  
Ocean Theory](#)

### RYA First Aid Course Dates and Fees 2024

*Held at the AOSC the cost of the First Aid Course is £50, which includes the Certificate and a copy of the latest First Aid Manual. Please note that sufficient numbers are required to enable the course to run.*

Course No	Course Dates	Duration	Fees	Booking
FA 01/24	17 Apr 24	1 Day	£50	<a href="mailto:sailing@britisharmysport.com"><u>sailing@britisharmysport.com</u></a>
FA 02/24	07 May 24	1 Day	£50	<a href="mailto:sailing@britisharmysport.com"><u>sailing@britisharmysport.com</u></a>
FA 03/24	03 Jul 24	1 Day	£50	<a href="mailto:sailing@britisharmysport.com"><u>sailing@britisharmysport.com</u></a>
FA04/24	30 Jul 24	1 Day	£50	<a href="mailto:sailing@britisharmysport.com"><u>sailing@britisharmysport.com</u></a>
FA05/24	17 Sept 24	1 Day	£50	<a href="mailto:sailing@britisharmysport.com"><u>sailing@britisharmysport.com</u></a>
FA06/24	05 Nov 24	1 Day	£50	<a href="mailto:sailing@britisharmysport.com"><u>sailing@britisharmysport.com</u></a>

## RYA Sea Survival Course Dates and Fees 2024

*The RYA Sea Survival course is conducted at the AOSC and in the swimming pool at HMS Collingwood for the practical wet drills. The minimum age for candidates is 18 years old. The cost of the Sea Survival Course is £75. Please note that sufficient numbers are required to enable the course to run.*

Course No	Course Dates	Duration	Fees	Booking
SS 01/24	15 Apr 24	1 Day	£75	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
SS 02/24	01 Jul 24	1 Day	£75	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
SS 03/24	29 Jul 24	1 Day	£75	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
SS 04/24	16 Sept 24	1 Day	£75	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
SS 05/24	04 Nov 24	1 Day	£75	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>

### World Sailing Offshore Safety Course Dates and Fees 2024

***To obtain the Offshore Safety certificate, candidates must hold a valid RYA Sea Survival Certificate which is less than 5 years old. The minimum age for candidates is 18. The cost of the Offshore Safety Course is £75. Please note that sufficient numbers are required to enable the course to run.***

Course No	Course Dates	Duration	Fees	Booking
OS 01/24	16 Apr 24	1 Day	£75	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
OS 02/24	02 Jul 24	1 Day	£75	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>

### Diesel Engine Course Dates and Fees 2024

***The diesel engine course is a one day course held at the AOSC. The cost of the diesel engine course is £75 which includes a certificate. Please note that sufficient numbers are required to enable the course to run.***

Course No	Course Dates	Duration	Fees	Booking
DE 01/24	19 Sept 24	1 Day	£75	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
DE 02/24	07 Nov 24	1 Day	£75	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>

## RYA Short Range Radio Certificate Dates and Fees 2024

**The AOSC will be running Short Range Radio Operator Courses and Assessments. Please note that the course content is online and a course completion pass must be completed prior to assessment. This online course can be accessed through the AISTC by contacting Jed Cunningham at [jcunningham@britisharmysport.com](mailto:jcunningham@britisharmysport.com) or by mobile on 07516001776. Alternatively, it can be booked online through the AISTC page on this website. The cost of this online course is £50 payable to the ASA.**

**The cost of the Assessment is a further £70 payable to the RYA which is passed to the examiner at the time of assessment or paid online prior. Candidates will also need to provide a passport size photograph and a separate means of photo-ID in order to obtain a Certificate should they successfully pass their assessment.**

**Please note that sufficient numbers are required to enable the course to run.**

Course No	Course Dates	Duration	Fees	Booking
VHF 01/24 Assessment	18 Apr 24	1 Day	£70 to the RYA via Instructor	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
VHF 02/24 Assessment	08 May 24	1 Day	£70 to the RYA via Instructor	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
VHF 03/24 Assessment	04 Jul 24	1 Day	£70 to the RYA via Instructor	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
VHF 04/24 Assessment	18 Sep 24	1 Day		<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>

			£70 to the RYA via Instructor	
VHF 05/24 Assessment	06 Nov 24	1 Day	£70 to the RYA via Instructor	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>
SRC 01/24 Classroom Theory	05 Aug 24	1 Day	£50 to the ASA	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>

### RYA Day Skipper Shorebased Theory Course Dates and Fees 2024

*The AOSC will be running a Day Skipper shorebased theory course. A comprehensive introduction to chart work, navigation, meteorology and basics of seamanship. This is a 5 day course. The cost of the course is £390.*

*Please note that sufficient numbers are required to enable the course to run.*

Course No	Course Dates	Duration	Fees	Booking
DST01/24	16 – 20 Apr 24	5 Days	£390	<a href="mailto:Sailing@britisharmysport.com">Sailing@britisharmysport.com</a>
DST02/24	22 – 26 Jul 24	5 Days	£390	<a href="mailto:Sailing@britisharmysport.com">Sailing@britisharmysport.com</a>

### RYA YACHTMASTER THEORY COURSE

***The AOSC will be running a Yachtmaster Theory course. The courses will commence at 0900 on the first day and will run through until 1600 on the Sunday. The cost of the course will be £450 per person. Please note that sufficient numbers are required to enable the course to run.***

Course No	Course Dates	Duration	Fees	Booking
YMT 01/24	30 Apr – 05 May 24	6 Days	£450	<a href="mailto:sailing@britisharmysport.com">sailing@britisharmysport.com</a>

**RYA Yachtmaster Ocean Theory Course Dates and Fees 2024**

***The AOSC will be running a shorebased Astro Navigation course. This will teach you the skills necessary to be able to use a sextant to work out your position whilst at sea. You will also learn the wider topics of ocean weather, passage planning and passage making. The 6 day course is followed by a moderation day where successful candidates will receive a shorebased Ocean Theory Course Certificate. The cost of the course is £475. Please note that sufficient numbers are required to enable the course to run.***

Course No	Course Dates	Duration	Fees	Booking
YMO 01/24	02 – 07 Dec 24	6 Days	£475	<a href="mailto:103abrow@csmail.mod.uk">103abrow@csmail.mod.uk</a>















