

# ARMY SAILING



# ASSOCIATION



## ARMY

Registered Charity No. 1152679

Rear Commodore Dinghies  
Army Sailing Association  
DCDC  
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## NOTICE OF RACE

### THE ARMY INTER REGIMENTAL AND CORPS DINGHY TEAM RACING CHAMPIONSHIP (THE LAGOS TROPHY) 24-27 JUN 19 AT THE ARMY INSHORE SAIL TRAINING CENTRE (SOUTH), THORNEY ISLAND

- 1. Organising Authority.** The Army Sailing Association (ASA).
- 2. Outline.** The Lagos Trophy is a dinghy team racing event taking place at Army Inshore Sail Training Centre (South), Thorney Island on 24-27 Jun 19 for all Regts and Corps in the Army.
  - Team training will take place on Mon 24 and Tue 25 Jun 19 with the support of racing coaches both on and off the water.
  - Racing will take place on 26-27 Jun 19. There will be no slip day.
- 3. Rules.** Racing will be governed by the RYA Racing Rules of Sailing 2017 - 2020, including Appx D Team Racing Rules, and the Sailing Instructions (SIs).
- 4. Eligibility.** **The event is open to all Regts and Corps in the Army. Unit teams are also permitted. Please do not delay in entering this event and do not be put off if you do not have experienced dinghy team racers in your Regts or Corps, the only way to progress is to participate and it is great fun.**
- 5. Prizes.** Prizes will be awarded for the following:
  - Winners – Individual prizes and the Lagos Trophy
  - Runners-Up – Individual prizes.
- 6. Location.** The Championships will take place at the Army Inshore Sail Training Centre (South) [AISTC(S)], Glebe House, Church Road, Thorney Island, Emsworth PO10 8DS.

7. **Fees. Entry is free.**
8. **Equipment.** The 2000 racing dinghies will be provided by the ASA; other sailing equipment will be issued if required by AISTC(S) staff.
9. **Registration.** All teams are to register by 0900 hours on 26 Jun 19 in the AISTC(S) Conference Room where the order of races will be briefed. All Team Captains are to ensure they have clearance from their Chains of Command for their teams to participate in this Championship and complete the Championship Entry Form at Annex A by 17 Jun 19.
10. **Races.** There will be a number of round robin on 26 Jun 19 and 27 Jun 19 before a Finals stage, including, semi-finals and finals. The championship will be competed in 2 boat teams using 2000 racing dinghies with no spinnakers. The standard Team Racing 'S' course will be used where possible, with a single start/finish line (the last leg being a broad reach). If time and the standard of sailing allow three boat teams will be constituted in order to give competitors experience of this version of the game. A separate prize or trophy may be awarded for this event.
11. **Briefing.** There will be a Team Captain/competitors briefing at 0900 hrs on 26 Jun 19 in the AISTC(S) Conference Room.
12. **Safety Management.** Major Jed Cunningham is the nominated Safety Manager for this event, responsible for analysing generic hazards and risk to life and providing effective mitigating actions where appropriate. The wearing of buoyancy aids on the water is **MANDATORY**. The daily Championship risk assessment will be done by Cpl Simon Horsfield, a qualified RYA Dinghy Coach, based on the generic risk assessment for AISTC(S). All participants will be made aware of the championship SOPs including the emergency procedures prior to racing starting. If any DDH of a participant is concerned about the safety arrangements pertaining to this event they should contact the undersigned who will seek further advice from the ASA Chief Instructor Offshore as the ASA Regional Coach post is currently gapped.
13. **Participants Responsibility.** All personnel are to ensure that their participation in this Championship is published in their unit Part One Orders prior to the event. All competitors must have passed their Military Swimming Test. Competitors participate in the Championship at their own risk (see RRS Rule 4, Decision to Race).
14. **Social.** There will be a social evening on 26 Jun 19 with a bar and a BBQ.
15. **Messing and Accommodation.** All personnel should be aware that catering facilities at AISTC(S) are available through the Regimental Restaurant on a Pay as you Dine basis. Bagged lunch meals need to be pre-booked.
  - Accommodation is available by prior arrangements with the Centre Manager AISTC(S) on 94295 8315 or 01243 388315 or [sailarmy@btconnect.com](mailto:sailarmy@btconnect.com). **Team Captains must book accommodation asap.** This is not the only event at AISTC (S) during the period of the event.
  - Personnel wishing to camp are to seek permission through the Centre Manager AISTC(S). Personnel are to note that should camping be available the camping area is within 60 – 100m of married quarter areas. Good behaviour is expected and good maintenance of the camping area is expected.
16. **Booking Out.** All personnel are to complete the "Out of Station" proforma with their respective administrative offices so their overnight absence from their home station can be recorded on JPA.

18. **PoC.** Lt Colonel Matt Sargent, Rear Commodore Dinghies, Army Sailing Association.  
01793 314360 (W) or 07718 915241 or matthew.sargent330@mod.gov.uk or  
sargesail@btinternet.com.  
If unavailable then contact Cpl Simon Horsfield, 2IC AISTC(S) on 07507 107152.

*Matt Sargent*

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Annexes:

- A. Entry Form.
- B. Sailing Instructions.
- C. Course Diagram.

Distribution:

External:

Action:

Regiments and Corps  
AISTC(S) - Centre Manager and Cpl Simon Horsfield

Information:

ASA – Secretary

**ENTRY FORM - THE ARMY INTER REGIMENTAL AND CORPS DINGHY TEAM RACING CHAMPIONSHIP (THE LAGOS TROPHY) ON 26-27 Jun 19**

Please complete this entry form and return to the ASA Rear Commodore Dinghies by **17 Jun 19** at;

Lieutenant Colonel Matt Sargent , ASA RC(D), DCDC, Ministry of Defence Shrivenham, Wiltshire, SN6 8RF or Matthew.sargent330@mod.gov.uk

1. From: .....(Rank/Name) of the Regt/Corps:.....

Contact details: (Mobile and email address) .....

2. I wish to enter the following number of team(s) ..... into the Army Inter Regimental and Corps Dinghy Team Racing Championship (The Lagos Trophy) on 19-20 Jun 19 at Thorney Island.

3. I agree to be bound by The Racing Rules of Sailing and by all other rules and Sailing Instructions that govern this event.

4. I wish/do not wish\* my team(s) to participate in the coaching and practice sessions on 19 Jun 19.

\*Delete as applicable

Signed: .....

Team Lists:

Serial	Regt Number	Rank	Name (First & Surname)	Team (A or B)
1				Team A
2				
3				
4				
5				Team B
6				
7				
8				

Notes:

- The composition of any team can be altered at Registration up to 0900hrs on 19 Jun 18.
- Team Captains are to confirm to the Race Officer that all helms are competent to sail the 2000 racing dinghies (eg all helms must have prior experience of sailing a 2000 dinghy or equivalent). Contact Lt Col Sargent if unsure whether any team member will meet this criteria.

**THE ARMY INTER REGIMENTAL AND CORPS DINGHY TEAM RACING CHAMPIONSHIP  
(THE LAGOS TROPHY) ON 19-20 Jun 19**

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**SAILING INSTRUCTIONS**

**1 Rules**

- 1.1 Racing will be governed by the rules as defined in The Racing Rules of Sailing including Appendix D, Team Racing Rules.
- 1.2 The right of appeal is denied in accordance with rule 70.5(a).
- 1.3 Boats will be provided by Topper International Ltd and must all conform to the Topper Argo class association rules.

**2 Eligibility**

- 2.1 After registration, no team member may be changed without the prior permission of the race committee. Exceptions will only be granted where they are agreed by all Team Captains.

**3 Notices to Competitors**

Notices to competitors will be posted on the official notice board located in the clubhouse used for the event.

**4 Changes to Sailing Instructions**

Changes to these SIs will be signalled by flying flag L from the shore signal position. Such changes will be posted on the official notice board not less than 10 minutes before the warning signal of the first affected race.

**5 Signals made Ashore**

- 5.1 The shore signal position is the club flagpole unless a different location is specified in the appendix to these SIs.
- 5.2 When displayed ashore, flag AP with two sound signals (one sound signal when lowered) means "Races not started are postponed". The warning signal for the next race will be made not less than ten minutes after flag AP is lowered. This amends race signal AP.

**6 Event Format and Schedule of Races**

- 6.1 The format of the event is described in the notice of race letter and it will be briefed/displayed on the official notice board at the event. The format may be modified during the event in a fair and practical way as solely determined by the race committee taking into account the entries, weather conditions, time constraints and any other relevant factors.
- 6.2 The schedule of races will be displayed on the official notice board. Any changes thereto and schedules for subsequent rounds will be displayed not less than 10 minutes before the start of that phase of the competition.
- 6.3 Every race will be assigned a race number in the race schedule.
- 6.4 Unless otherwise specified in the appendix to these SIs, the race number will be displayed on the committee boat between the preparatory signal and start signal for that race. When the race number is displayed in this way, it overrides all prior communications, schedules or instructions. The race committee may at any time remove a particular race from the published sequence of races and run it at a later time.

**7 The Course and Time Limit**

- 7.1 Unless otherwise specified in the appendix to these SIs:
  - 7.1.1 the starting line will be between the mast of the committee boat and a starting mark;
  - 7.1.2 the finishing line will be between a marker on the stern of a committee boat and a finishing mark.

- 7.2 The starting mark, finishing mark and course marks will be described on the official notice board.
- 7.3 The course configuration will be displayed on the official notice board.
- 7.4 The race committee may move marks of the course at any time. Rule 33 will not apply.
- 7.5 Unless otherwise specified in the appendix to these SIs, the time limit for each race will be 20 minutes. Boats failing to finish within ten minutes after the first boat finishes will be scored DNF. This amends rule 35.

## **8 The Start**

- 8.1 Races will be started by using the following signals. Times shall be taken from the start of each sound signal; the failure of a visual signal shall be disregarded. This amends rule 26.

<i>Signal</i>	<i>Minutes before starting signal</i>	<i>Sound</i>	<i>Alternative visual signals</i>	
Warning	3	One	Class flag up	3 battens
Preparatory	2	One	Flag P up	2 battens
One-minute	1	One	Flag P down	1 batten
Starting	0	One	Class flag down	No battens

The visual signals for the event will be described in the appendix to these SIs and will be briefed.

- 8.2 When a boat is subject to rule 29.1, flag X need not be displayed for more than 1 minute after the starting signal; this amends rule 29.1. The race committee may hail the sail numbers or the total number of premature starters.
- 8.3 A boat that fails to start within two minutes of her starting signal will be scored DNS without a hearing. However, if the boat was OCS at her starting signal, she shall be scored in accordance with rule D3.1(b). This amends rules A4 and A5.
- 8.4 After a general recall, succeeding races may be delayed for the recalled race. Attention is drawn to SI 6.4.
- 8.5 Attention may be drawn to an imminent warning signal by a series of short sound signals. If flag AP has been flown, these signals may be used in place of the standard one minute interval. This amends race signal AP.

## **9 Protests and Penalties**

- 9.1 Protests and requests for redress that have not been decided afloat shall be notified to the race office within 10 minutes after the relevant incident or, if the incident is afloat, within 10 minutes after coming ashore.
- 9.2 The protest committee may refuse to hear a protest or request for redress unless its outcome is relevant to progress, but not seeding, in the next round of the competition. This amends rule 63.1.
- 9.3 When rule D2 applies and the race umpires together with one other umpire (when available) decide that a boat has broken rule 14 and there is damage or injury, they may penalise her team by half a race win without a hearing. The boat will be informed as soon as practical and may request a hearing. Any penalty after a hearing will be in accordance with rule D3.1(d). This amends rule 63.1.
- 9.4 When a competitor breaks additional rule 1.7, personal flotation device, or 1.8, wet or dry suits, in the appendix to these SIs the competitor's team shall be penalised one race win without a hearing. This amends rule 63.1.
- 9.5 When a protest committee decides that a breach of a rule, other than a rule of Part 2, has had no significant effect on the outcome of a race, it may make any arrangement it decides is equitable, which may be to order a resail or to impose no penalty. This amends rules 64.1 and D3.1.

## **10 When Boats are Supplied by the Organising Authority**

- 10.1 For each race, the race committee will allocate boats to the participating teams.
- 10.2 Spinnakers, trapezes and the gear specifically provided for the utilisation of these shall not be used.
- 10.3 Standing rigging shall not be altered nor any gear removed without the permission of the race committee.
- 10.4 BREAKDOWNS
  - 10.4.1 When a supplied boat suffers a breakdown, rule D5 applies.
  - 10.4.2 Competitors are responsible for inspecting their boats before racing.
  - 10.4.3 Competitors shall report any defects, damage or breakdown to the race committee at the first reasonable opportunity.

10.4.4 When to continue racing after damage a breakdown risks further damage to the boat, she shall retire immediately.

10.4.5 The race committee may postpone a resail indefinitely and score each team half a race win unless the result is relevant to progress, but not seeding, in the next round.

10.5 CONTINUITY

10.5.1 Before starting and after finishing or retiring, boats shall sail to minimise any delay to the race schedule and without interfering with any race in progress.

10.5.2 A boat shall remain the responsibility of the team until handed over to the race committee or the next team to use that boat. Boats shall be handed over as empty of water as practical and in racing trim.

## **11 Risk Statement, Insurance**

11.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) **The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.**

11.2 **When the boats are provided by the competitors, the boat is required to hold adequate insurance and in particular to hold insurance against third party claims in the sum of at least three million pounds (£3,000,000), unless a different sum is specified in the appendix to these SIs.**

## Appendix

### THE ARMY INTER REGIMENTAL AND CORPS DINGHY TEAM RACING CHAMPIONSHIP (THE LAGOS TROPHY) ON 26-27 Jun 19

#### **Section 1: Additional Rules**

1.1 Races will be umpired. Rule D2 applies.	YES
1.2 Two-Flag Protest Procedure applies as rule D2.5	YES
1.3 Rule D1.1(d), Arm Signals when rule 20 applies, is deleted	YES
1.4 A boat capsized after her starting signal, so that both her gunwales are touching the water or her mast is stuck in the bottom of the lake or sea, shall retire immediately.	YES
1.5 Provided the flag remains on the buoy there shall be no penalty when a boat touches any part of a flag which does not surround the staff of a mark. This amends rule 44.1.	YES
1.6 An adequate personal flotation device shall be worn at all times whilst afloat.	YES
1.7 Wet or dry suits shall be worn at all times when afloat.	NO

#### **Section 2: Alterations to Standard Team Racing Sailing Instructions**

- 2.1 The official notice board is located in the Club house.
- 2.2 The shore signal position is the club flagpole.
- 2.3 The committee boat will identify the next race to be started by displaying the race number on the start boat.
- 2.4 The start line will be between the committee boat and adjacent buoy.
- 2.5 The finish line will be off the stern of the committee boat and adjacent buoy.
- 2.6 The time limit for each race is 20 minutes.
- 2.7 The time limit for boats to finish after the first boat is 10 minutes.
- 2.8 Races will run in continuous succession within each round.
- 2.9 The starting system, visual and sound signals, will be described on the official notice board.

#### **Section 3: Local and Other Rules**

- 3.1 The following other local rules apply:

**Matt Sargent**  
**PRO**



**COURSE DIAGRAM**

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